

Section Five: Phase Design



Matching services to adequately serve youth
with varying risk and need

Tribal
Youth
Resource
Center

www.TribalYouth.org



Nomination Forms

Observed Positive behavior

Nomination Card	
Date:	
YHWC Team Member Name:	
Person's Name:	
Positive Behavior:	



Exercise #6:

Determining What Different Youth Need



1. Review youth profiles 1 through 3.
2. For each youth, determine what they need in the following areas (choose three below):
 - Should this youth have petitions or charges filed in Tribal court? Why? Why not?
 - Should this youth be screened, assessed, and tested for drugs or alcohol? Why? Why not?
 - Does this youth need treatment? What type?
 - What should the expectation be for parents/ guardians?
 - What should the expectation be for the youth in respect to school?
 - What should the expectation be for the youth in respect to community service?
 - What prosocial activities would be beneficial to the youth?
 - How much court supervision will this youth need?
 - How much probation supervision with this youth need?



Youth Profile- Example 1



Leana's Story

- Leana is an enrolled Tribal member in the 8th grade, she's 14.
- She does not have any prior school incidents or disciplinary actions or prior court involvement in the Tribal or State systems. She enjoys beading for her friends and occasionally makes and sells bracelets on campus.
- Several of her friends come up to her and tell her another student has THC gummies and shows her one. Leana grabs it and places it in her pocket. While in the next class, Leana shows the gummy to her classmate. Word gets to the School Security and Leana is taken to the school bathroom for a search. She empties her pockets, and they find the gummy, \$20 dollars, and one single wrapped bracelet. Law enforcement is contacted, and Leana is arrested for possession of THC for distribution. Leana is subsequently suspended from school due to the school's "Zero Tolerance" policy.
- Additionally, the Tribal Prosecutor considers filing a Delinquency Petition with the Tribal Juvenile Court for the delinquent acts of: (1) use or possession of THC; and (2) bootlegging (the sale, distribution, or transportation of THC). These are detainable offenses under the Tribal Code.

Youth Profile- Example 2



Nathan's Story

- Nathan is an enrolled Tribal member in the 9th grade. He is 15.
- He has 1 previous school suspension for fighting and one prior filing of a Juvenile Delinquency Petition for domestic violence and possession/use of alcohol, but it was dismissed. Nathan comes from a violent home. He has a very close relationship with his grandfather, a highly regarded Tribal Elder.
- While at school, a teacher smells something in the hallway and walks out into the commons area. Nathan has removed several spray cans from his backpack and is spray painting a tagger name, COZE 1, on the wall. The teacher also notices that Nathan has something in his mouth. The teacher alerts the school administration. They contact the School Resource Officer (SRO). After a brief struggle, Nathan is detained by the SRO. The officer removes the item from Nathan's mouth and finds a "paint-soaked" cloth he had been inhaling. Nathan's suspension from school is extended.
- Nathan's case is also referred to the Tribal Prosecutor to consider filing a Delinquency Petition with the Tribal Juvenile Court for the delinquent acts of: (1) vandalism; (2) assault; and (3) possession of Toluene (component in spray paint) with the intent to breathe, inhale, or ingest. These are detainable offenses under the Tribal Code.

Youth Profile- Example 3



J.R.'s Story

- J.R. is an enrolled tribal member with his elderly grandmother and three siblings, ages 8, 12, and 15. J.R. is 17.
- His grandmother is his main caregiver but struggles to set rules. Neither J.R. nor his brother have attended school in over a year. J.R. frequently invites friends over who he and his 15-year-old brother party with since there's little supervision or structure. J.R. spends time with these friends drinking and looks to them for acceptance, which has led him into serious trouble (he often drinks to the point of blacking out, has a history of stealing, including a larceny conviction and petty theft charges. There are also concerns he has taken money from his grandmother and treated her disrespectfully).
- J.R. likes to steal cars and drive them around. He steals to have money for gas and buy booze.
- Most recently, he was arrested for drinking and driving a stolen car. The prosecutor is trying to decide whether a juvenile petition should be filed or be charged with a crime.

Exercise #7:

Youth Attributes



1. Brainstorm the attributes that you want your YHWC graduates to have.
2. Compare these attributes to the characteristics of your selected population (the youth referred to your YHWC).
3. Given the comparison, what changes will need to take place in youth, during their time in your YHWC?



About YHWC Phases

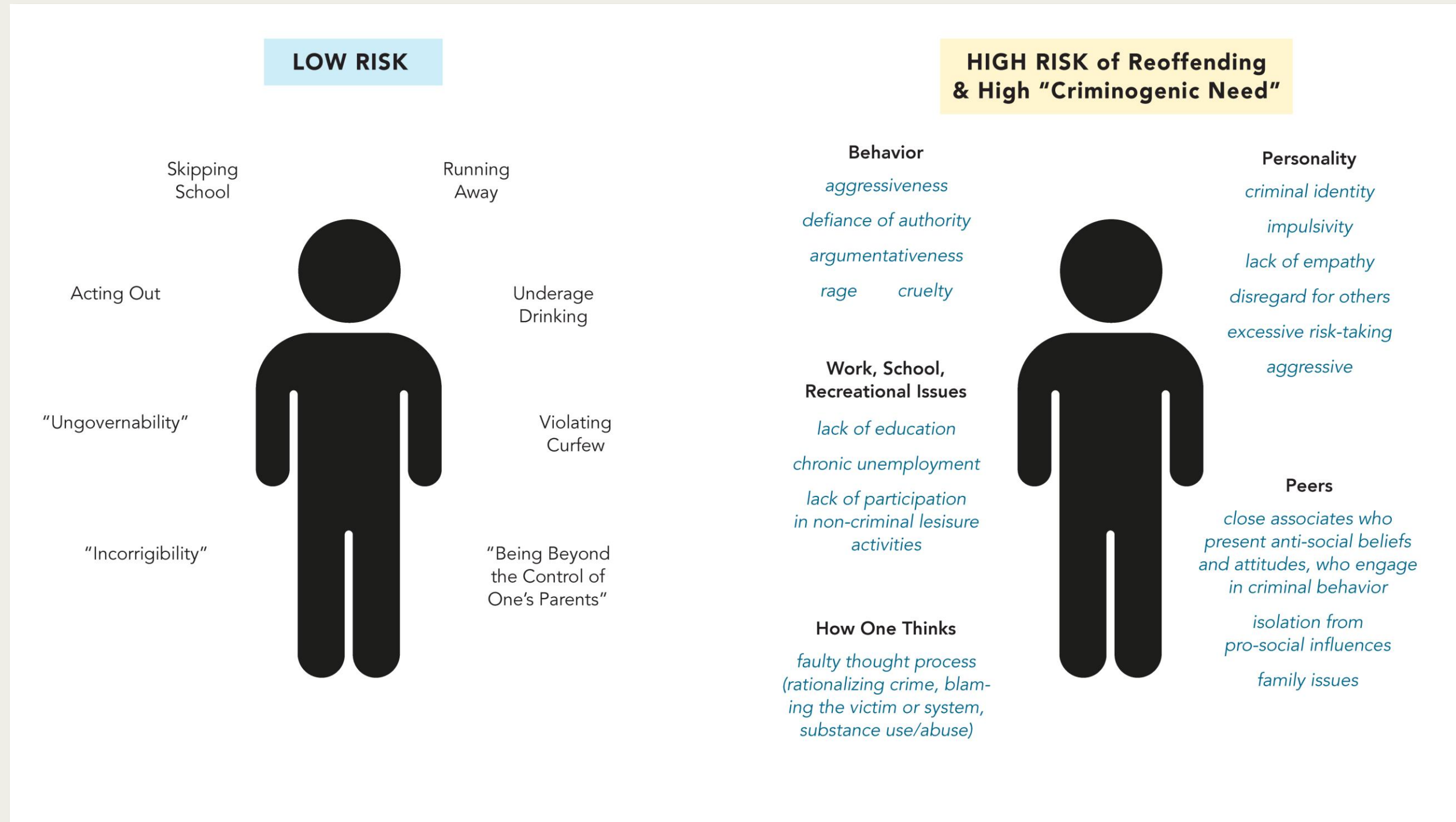
Why do we have phases?

- To coordinate care
 - Including substance use treatment, mental health services, education, life skills training, and case/wellness planning/management that support holistic development and address multiple facets of an adolescent's well-being
- To engage youth
 - By helping adolescents feel more supported and less stigmatized
 - By promoting better engagement in treatment
 - With positive developmental outcomes
- To change behavior
 - Using a consistent and coordinated approach to incentives and sanctions that helps adolescents understand the consequences of their actions, reinforcing positive behavior and promoting self-regulation
- However, phases will not work if you do not know how to use them
 - Training for all involved on adolescent development, effective treatment approaches, and effective behavior modification approaches ensures that the YHWC team is informed by the latest research and best practices, thus enhancing its effectiveness



What are YHWC Tracks? – Different Sets of Phases

A dual (or multi) track categorizes youth based on their criminogenic risk and needs based on risk scores to provide tailored interventions for each.



Why Does it Matter?

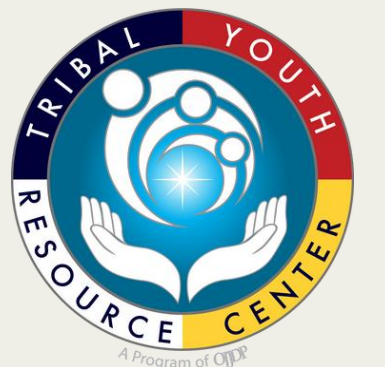


Not all youth require the same level of intervention

- Being mindful to not use the same phase approach for all youth

Accidental increase of recidivism (or doing nothing to recidivism)

- Widening the net
- Mixing of risk levels



The Multi-Track Model

Goal of the Multi-Track Model

- To adjust services and supervision levels to fit the risk and need levels of participants (youths).



The Multi-Track Model (cont.)

A multi-track model matches services and supervision levels to participants at different risk and need levels

- High-risk/high-need participants benefit most from the traditional treatment court model
 - The best practice standards recommend treatment court programs ...
 - either limit their population to high-risk/high-need individuals
- OR
- develop different tracks for participants at different risk and need levels

	High Risk	Low Risk
High Need	Track 1 High-risk/high-need	Track 2 Low-risk/high-need
Low Need	Track 3 High-risk/low-need	Track 4 Low-risk/low-need



The Multi-Track Model (cont.)

	Track 1	Track 2	Track 3	Track 4
	Supervision and Treatment Emphasis	Treatment Emphasis	Supervision and Case Management Emphasis	Education Emphasis Avoid any Unnecessary Contact
Risk Level	High	Low	High	Low
Need Level	High	High	Low	Low
Emphasis	Supervision, case management, services for criminogenic needs, & SUD/MH treatment	SUD/MH treatment	Supervision, case management, services for criminogenic needs	Diversion
Minimum Program Length	14 months	13 months	12 months	6-9 months

Understanding the Fundamentals of Each Track

Required Elements That Vary Across Tracks

- Court Hearings
- SUD Treatment and/or Mental Health Treatment
- Case Management
- Habilitation
- Court Responses
- Community SUD Support Groups
- Prosocial Activities
- MAT
- Supervision



How might you figure out what your youths' risk and need levels are in general?

How might you find this information:

1. Ask your, or a neighboring county's, probation department
 - Ask them if they can give you the general breakout of numbers of individuals who fall into high-risk, moderate-risk, and low-risk categories
 - If they assess for clinical need (i.e., substance use disorder), ask for a summary of the number and percent of individuals who assess or screen as high need (having moderate to severe substance use disorder)
2. Ask your or a neighboring county's law enforcement agency, jail, or court
 - For statistics on the number and percent of individuals who are arrested or booked, or who have case filings with treatment court eligible charges

AND/OR

3. Screen or assess a sample group of individuals using standardized risk and need screen or assessment
 - (e.g., screen/assess all juvenile offenders sent to secure detention over x months)



Phases under the Juvenile Drug Court Approach

How Youth Progress through the Juvenile Drug Court (JDC)

Phase I - Getting Ready

- Readiness, stabilization, preparation and orientation

Phase II - Getting Involved

- Engagement and performing

Phase III - Making Changes

- Reflection, enrichment, development, and sustaining change

Phase IV - Transitioning

- Return to the community, aftercare, and continuing care



How youth progress through the Juvenile Drug Court	What can you realistically expect?	Recommended Phase Characteristics (frequent alcohol and drug testing throughout)
<p>Phase I – Getting Ready (Readiness, Stabilization, Preparation, Orientation)</p>	<p>Expect the following behavior changes:</p> <ul style="list-style-type: none"> •compliance with rules •showing up at school, treatment, and hearings •compliance with frequent alcohol and drug testing •observing curfews <p>For some youth, catching up on sleep, proper hygiene, and medical care are also essential for getting ready</p>	<ul style="list-style-type: none"> •High level of structure, supervision and accountability •Focus on compliance: showing up for appointments and school, reduction of disciplinary problems •Frequent alcohol and drug testing •Getting youth ready to participate, “more sober” •Learning more about their needs •Establish a service plan including treatment and education •Build trust with youth AND families through frequent contact •Explore what the JDC can do for the family

How youth progress through the Juvenile Drug Court	What can you realistically expect?	Recommended Phase Characteristics (frequent alcohol and drug testing throughout)
<p>Phase II – Getting Involved (Engagement, performing)</p>	<p>Expect participation in treatment and treatment will get more intense</p> <p>Introduce opportunities for skill development</p> <p>In school look for youth to complete assignments & improved (somewhat) in performance</p>	<ul style="list-style-type: none"> • Implement behavior contracts • Focus on youth and family participation/engagement • Begin skill development • Introduce limited number of prosocial activities • Treatment becomes more intensive • School/Education-expect completed assignments & improved grades • Begin community service or restitution • Introduce journaling

How youth progress through the Juvenile Drug Court	What can you realistically expect?	Recommended Phase Characteristics (frequent alcohol and drug testing throughout)
<p>Phase III – Making Changes (Reflection, Enrichment, Development, Sustaining Change)</p>	<p>Youth will be able to take advantage of expanded development activities (employment, job training), enriched community connections through (participation in clubs, sports, youth groups, etc.), volunteerism.</p> <p>By this time youth may have completed their treatment services.</p> <p>Work with treatment provider to determine if there are other services that youth may need. Remember, a youth does not need to remain in “treatment” for the entire length of JDC.</p>	<ul style="list-style-type: none"> • Expand development activities • Enrich community connections • Decrease court appearances • Shift accountability to the family • Expect completion of community service hours or restitution • Give specific journaling assignments

How youth progress through the Juvenile Drug Court	What can you realistically expect?	Recommended Phase Characteristics (frequent alcohol and drug testing throughout)
Phase IV – Transitioning (Return to the community, continuing care)	<p>Youth transitions back to the natural supports established during program.</p> <p>Family takes over and the young person has sustained engagement in school and/or work.</p> <p>Limited contact with the court.</p>	<ul style="list-style-type: none"> • Limited contact with the court • Participation in a support group • Engagement in school and or work full time • Giving back • Youth taking on new roles • Parents taking in new roles

Common **Phase** Requirement Categories in Juvenile Drug Courts (**Track 1**)

The following are the common requirements in Juvenile Drug Courts (YHWCs tribally adapt and/or add to these):

1. Introductory requirements (orientation, agreements, sign-ups, meet team)
2. Case/Wellness Plan Management
3. Probation (Supervision and Monitoring)
4. Alcohol and Drug Testing
5. Individualized Treatment
6. Expectations for Parents/Guardians (treatment and case/wellness plan management)
7. School/Work Expectations
8. Community Service
9. Prosocial Activities
10. Restitution
11. Court Attendance
12. Aftercare



Exercise #8:

Filling Out Your Phases

1. Review the categories of requirements for a high risk/ high need track (track 1) on the following slide
2. How much treatment do youth need and for how long (how long should a youth be in your YHWC?)
3. How long does your Tribal court have jurisdiction over a youth and how would this impact the duration of your YHWC?
4. For each phase, discuss what the requirements should be. Discuss why.
5. Make a list of questions that are arising.



Exercise #8 (Cont.)

Category		Phase 1- Getting Ready X weeks	Phase 2- Getting Involved X weeks	Phase 3- Making Changes X weeks	Phase 4- Transitioning X weeks
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11.	Introductory requirements (orientation, agreements, sign-ups, meet team)	Requirements	Requirements	Requirements	Requirements
	Case/Wellness Plan Management				
	Probation (Supervision and Monitoring)				
	Alcohol and Drug Testing				
	Individualized Treatment				
	Expectations for Parents/Guardians (treatment and case/wellness plan management)				
	School/Work Expectations				
	Community Service				
	Prosocial Activities				
	Restitution				
	Court Attendance				

Example: Albany County Integrated Juvenile Treatment Program (IJTP)
(Laramie, Wyoming) High Risk/Need Cohort (Track 1)

(Taken from the Albany County Integrated Juvenile Treatment Program (IJTP) Participant Handbook)

Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
Introduction				
Average of 3 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks
<div><div>1.</div><div>Pay \$60 program fee</div></div> <div><div>2.</div><div>Parent(s)/Guardian(s), Family or Support System & participant meet with IJTP team</div></div> <div><div>3.</div><div>All intake paperwork reviewed & signed</div></div> <div><div>4.</div><div>Meet with & start treatment</div></div> <div><div>5.</div><div>Probation/Supervision sign-up</div></div> <div><div>6.</div><div>Attend first court session & meet IJTP team</div></div>	<div><div>Required to complete this Phase:</div><div>•7 days violation free</div><div>•Submit completed application to IJTP Case Manager</div></div>	<div><div>Required to complete this Phase:</div><div>•14 days violation free</div><div>•”What do you want to accomplish in this phase?”</div><div>•Submit completed application to IJTP Case Manager</div></div>	<div><div>Required to complete this Phase:</div><div>•14 days violation free</div><div>•”What do you want to accomplish in this phase?”</div><div>•Submit completed application to IJTP Case Manager</div></div>	<div><div>Required to GRADUATE:</div><div>•21 days violation free</div><div>•”What do you need to be successful after graduation and probation?”</div><div>•Submit completed application to IJTP Case Manager</div></div>

Example: Albany County Integrated Juvenile Treatment Program (IJTP) (cont.)				
Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
Introduction				
Average of 3 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks
	Case Management	Case Management	Case Management	Case Management
	•Meet with Case Manager 1X per week	•Meet with Case Manager 2X per month	•Meet with Case Manager 1X per month	•Meet with Case Manager 1X per month
	•Complete PACT assessment & start case plan	•Complete & comply with case plan (milestones)	•Comply with case plan (milestones)	•Complete & comply with case plan (milestones)
	•Identify & begin cognitive behavioral class	•Identify two “life skills” to complete this phase	•Continue with cognitive behavioral class	•Complete cognitive behavioral class
	•Identify two “life skills” to work on in this phase	•Continue with cognitive behavioral group	•Identify two “life skills” to complete this phase	•Attend any required IJTP sober social events
	•Attend any required IJTP sober social events	•Attend any required IJTP sober social events	•Attend any required IJTP sober social events	•Engage in pro-social activities (in or out of school) as approved by Case Manager & Probation
	•Engage in pro-social activities (in or out of school) as approved by Case Manger & Probation	•Engage in pro-social activities (in or out of school) as approved by Case Manager & Probation	•Engage in pro-social activities (in or out of school) as approved by Case Manager & Probation	

Example: Albany County Integrated Juvenile Treatment Program (IJTP) (cont.)				
Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
Introduction				
Average of 3 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks
	Probation	Probation	Probation	Probation
	•Curfew 8 p.m. – 6 a.m.	•Curfew 9 p.m. – 6 a.m.	•Curfew 9:30 p.m. – 6 a.m.	•Curfew 10 p.m. – 6 a.m.
	•Meet with Probation as directed	•Meet with Probation as directed	•Meet with Probation as directed	•Meet with Probation as directed
	•Random home visits	•Random home visits	•Random home visits	•Random home visits

Example: Albany County Integrated Juvenile Treatment Program (IJTP) (cont.)				
Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
Introduction				
Average of 3 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks
	Drug Testing	Drug Testing	Drug Testing	Drug Testing
	<ul style="list-style-type: none"> •Must check in daily & report for UA on time 	<ul style="list-style-type: none"> •Must check in daily & report for UA on time 	<ul style="list-style-type: none"> •Must check in daily & report for UA on time 	<ul style="list-style-type: none"> •Must check in daily & report for UA on time
	<ul style="list-style-type: none"> •Must provide a minimum of one negative UA 	<ul style="list-style-type: none"> •Minimum of two negative drug tests 	<ul style="list-style-type: none"> •Minimum of three negative drug tests 	<ul style="list-style-type: none"> •Minimum of four negative drug tests

Example: Albany County Integrated Juvenile Treatment Program (IJTP) (cont.)				
Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
Introduction				
Average of 3 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks
	Treatment	Treatment	Treatment	Treatment
	•Individualized per substance abuse evaluation recommendations	•Individualized treatment	•Individualized treatment	•Individualized treatment

Example: Albany County Integrated Juvenile Treatment Program (IJTP) (cont.)				
Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
Introduction				
Average of 3 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks
	Parent/Guardian Expectations	Parent/Guardian Expectations	Parent/Guardian Expectations	Parent/Guardian Expectations
	<ul style="list-style-type: none"> •Start family therapy & case management appointments 	<ul style="list-style-type: none"> •Attend family therapy & case management appointments 	<ul style="list-style-type: none"> •Individualized treatment 	<ul style="list-style-type: none"> •Individualized treatment

Example: Albany County Integrated Juvenile Treatment Program (IJTP) (cont.)				
Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
Introduction				
Average of 3 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks
	School/Work Expectations	School/Work Expectations	School/Work Expectations	School/Work Expectations
	<ul style="list-style-type: none"> •Follow school rules & regulations (no late or missed school without permission from Probation) 	<ul style="list-style-type: none"> •Follow school rules & regulations (no late or missed school without permission from Probation) 	<ul style="list-style-type: none"> •Follow school rules & regulations (no late or missed school without permission from Probation) 	<ul style="list-style-type: none"> •Follow school rules & regulations (no late or missed school without permission from Probation)
	<ul style="list-style-type: none"> •And/or maintain gainful employment 	<ul style="list-style-type: none"> •And/or maintain gainful employment 	<ul style="list-style-type: none"> •And/or maintain gainful employment 	<ul style="list-style-type: none"> •And/or maintain gainful employment

Example: Albany County Integrated Juvenile Treatment Program (IJTP) (cont.)				
Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
Introduction				
Average of 3 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks	Minimum of 4 weeks
	Court Attendance <ul style="list-style-type: none"> <i>•Weekly</i> 	Court Attendance <ul style="list-style-type: none"> <i>•1st & 3rd Tuesday of each month</i> 	Court Attendance <ul style="list-style-type: none"> <i>•1st and 3rd Tuesday of the month</i> 	Court Attendance <ul style="list-style-type: none"> <i>•2nd Tuesday of each month</i>

Phases

There is an introductory phase and four phases in the IJTP.

In order to successfully graduate from IJTP, participants must successfully complete each phase in addition to the general program requirements.

Moving to the Next Phase

- Phase advancement will be determined by the participant's compliance in treatment, supervision, school, & other requirements
- Each phase requires a minimum number of days violation free prior to advancement to the next phase
- Phases 2, 3, & 4 require the participant to set and achieve milestones during each phase

Exercise #9:

Phase Review for Multi-Tracks

1. Review your existing phases, compare them to the multitrack below. Discuss how you might change your phases (what different or multi-tracks would better serve your youth).

	High Risk	Low Risk
High Need	Track 1 High-risk/high-need	Track 2 Low-risk/high-need
Low Need	Track 3 High-risk/low-need	Track 4 Low-risk/low-need



Exercise #9:

Phase Review for Multi-Tracks

	Track 1 Supervision and Treatment Emphasis	Track 2 Treatment Emphasis	Track 3 Supervision and Case Management Emphasis	Track 4 Education Emphasis Avoid Unnecessary Contact
Court Hearings	Phase 1-2: 2x/month Phase 3-5: 1x/month Non-compliance calendar	Phase 1: 2x/month Phase 2: 1x/month Phase 3-5: Quarterly Non-compliance calendar	Phase 1-2: 2x/month Phase 3-5: 1x/month Noncompliance calendar	Non-compliance calendar; only as needed
SUD Treatment and/or Mental Health Treatment	As determined by assessment Individual and/or group counseling Relapse Prevention	As determined by assessment Individual and/or group counseling Relapse Prevention	No substance use or mental health disorder treatment (education as needed)	No substance use or mental health disorder treatment (education as needed)
Case Management	Combined clinical treatment and case management plan Meet weekly with case manager (Reduced as appropriate over time)	Clinical treatment plan combined with case management as needed	Case management plan (no substance use or mental health disorder treatment needed) Meet weekly (Reduced as appropriate over time)	Case management minimal or as needed

Exercise #9 (cont.):

Phase Review for Multi-Tracks

	Track 1 Supervision and Treatment Emphasis	Track 2 Treatment Emphasis	Track 3 Supervision and Case Management Emphasis	Track 4 Education Emphasis Avoid Unnecessary Contact
Habilitation	(According to individual assessed need) Common needs: Medical care Trauma services Criminal thinking counseling Life skills classes Family therapy Parenting classes Housing support Budgeting	(According to individual assessed need) Common needs: Medical care Trauma services	(According to individual assessed need) Common needs: Trauma services Criminal thinking counseling Life skills classes Family therapy Parenting classes Housing support Budgeting Medical care	(According to individual assessed need) Few services are likely to be needed
Court Responses	Focus on individualized short term and long-term goals -Abstinence is a longer-term goal	Focus on individualized short term and long-term goals -Abstinence is a long-term goal	Focus on individualized short term and long-term goals -Abstinence is a short-term goal	Focus on individualized short term and long-term goals -Abstinence is a short-term goal
Community SUD Support Groups	Encouraged if individual is assessed as appropriate	Encouraged if individual is assessed as appropriate	None (should not be used)	None (should not be used)
Prosocial Activities	Required	Required	Required	-According to individual needs
35	(encourage and foster long-term recovery and healthy lifestyle with pro-social peers)	(encourage and foster long-term recovery and healthy lifestyle with pro-social peers)	(encourage and foster healthy lifestyle with pro-social peers)	

Exercise #9 (cont.):

Phase Review for Multi-Tracks

	Track 1 Supervision and Treatment Emphasis	Track 2 Treatment Emphasis	Track 3 Supervision and Case Management Emphasis	Track 4 Education Emphasis Avoid Unnecessary Contact
MAT	As determined by assessment	As determined by assessment	N/A	N/A
Supervision	Office visits starting weekly or every two weeks Intensive electronic monitoring/ continuous monitoring for alcohol use Home visits (~monthly)	Office visits rarely or none Electronic monitoring/ consider continuous monitoring for alcohol use (for public safety risk) Home visits (~quarterly)	Office visits starting weekly or every two weeks Intensive electronic monitoring/ continuous monitoring for alcohol use Home visits (~monthly)	Minimal (avoid drawing further into the criminal justice system)

Section Five: Phase Design



Handouts



Example: Bishop Indian Tribal Council

(taken from Bishop Paiute Tribe Juvenile Healing to Wellness Court Policies and Procedures Manual (8/5/2020))

Phase I Trust	Phase II Belonging	Phase III Mastery	Phase IV Maintenance	Aftercare
Objective: Intense Supervision To understand the TJHWC concept and requirements	Objective: High Supervision To successfully complete intensive treatment services	Objective: Moderate Supervision To reinforce and maintain a clean, sober, and legal lifestyle To reach personal goals and sustain current achievements	Objective: Low Supervision To reinforce and maintain a clean, sober, and legal lifestyle	Continue substance treatment, family involvement, participant engagement, & cultural engagement
Duration: 2-4 weeks	Duration: 3-6 months	Duration: 3-6 months	Duration: 1-2 months	

Example: Bishop Indian Tribal Council (cont.)

Phase I Trust	Phase II Belonging	Phase III Mastery	Phase IV Maintenance	Aftercare
Requirements: •Complete assessment, orientation, & treatment plan •Attend TJHWC Hearings directed by the TJHWC Judge •Probation Supervision – 3 to 4 face-to-face contacts per week •Random Drug Testing – as needed & decided by TJHWC team •Family Involvement – attend court sessions, parent/guardian meeting & group activities •Curfew – electronic monitoring where available/homebound in a safe environment no less than 2 weeks •School – mandatory school attendance, GED application if needed, employment search if GED completed & tutoring if needed •Participant Engagement/Community Activities – all TJHWC activities as directed by TJHWC team •Community Service – none during this time •Cultural Engagement – as activities are available & readiness to engage	Requirements: •Attend TJHWC Hearings once a month or as directed by TJHWC Judge •Probation Supervision – 2 to 3 face-to-face contacts per week •Substance Treatment – compliance with individualized treatment plan •Random Drug Testing – as needed & decided by TJHWC team •Family Involvement – attend court sessions, parent/guardian meeting & group activities •Curfew – no later than 8pm, passes for school, family, & community activities •School – mandatory school attendance, GED application if needed, employment search if GED completed & tutoring if needed •Participant Engagement/Community Activities – all TJHWC activities as directed by TJHWC team •Community Service – 20 hours are a minimum & can be increased by the TJHWC Judge •Cultural Engagement – as activities are available & choice to participate	Requirements: •Attend TJHWC Hearings once a month or as directed by TJHWC Judge •Probation Supervision – 2 face-to-face contacts per week •Substance Treatment – compliance with individualized treatment plan •Random Drug Testing – as needed & decided by TJHWC team •Family Involvement – attend court sessions, parent/guardian meeting & group activities •Curfew – negotiated with TJHWC team •School – mandatory school attendance, GED application if needed, employment search if GED completed & tutoring if needed •Participant Engagement/Community Activities – all TJHWC activities as directed by TJHWC team •Community Service – 10 hours are a minimum & can be increased by the TJHWC Judge •Cultural Engagement – as activities are available & choice to participate	Requirements: •Attend TJHWC Hearings once a month or as directed by TJHWC Judge •Probation Supervision – 1 to 2 face-to-face contacts per week •Substance Treatment – compliance with individualized treatment plan •Random Drug Testing – as needed & decided by TJHWC team •Family Involvement – attend court sessions, parent/guardian meeting & group activities •Curfew – established by guardian, but no later than 10pm •School – mandatory school attendance, GED application if needed, employment search if GED completed & tutoring if needed •Participant Engagement/Community Activities – all TJHWC activities as directed by TJHWC team •Community Service – 10 hours are a minimum & can be increased by the TJHWC Judge •Cultural Engagement – as activities are available & choice to participate	Continue substance treatment, family involvement, participant engagement, & cultural engagement

Example: Bishop Indian Tribal Council (cont.)

(taken from Bishop Paiute Tribe Juvenile Healing to Wellness Court Policies and Procedures Manual (8/5/2020))

Phase I Trust	Phase II Belonging	Phase III Mastery	Phase IV Maintenance	Aftercare
Promotion to Next Phase: Compliance with case terms, participation in treatment, school attendance and no new charges	Promotion to Next Phase: Compliance with case terms, participation in treatment, school attendance, no new charges, & 60-day sobriety	Promotion to Next Phase: Compliance with case terms, participation in treatment, school attendance, no new charges, & 90 days sobriety	Graduation Requirements: <ol style="list-style-type: none">1. Make all court appearances & treatment appointments, unless has a valid excuse approved by appropriate TJHWC staff2. Reach the goals of individual case plan3. Continued sobriety for 180 consecutive days4. Complete all phasers5. Complete community service6. Have a continuing care plan that may include community support meetings, mental health care, outpatient counseling, or group counseling7. Complete all court obligations8. Have a stable living arrangement with clean and sober relationships9. Attain high school diploma or GED10. Obtain driver's license & voter's registration (if applicable)11. Be gainfully employed or in vocational/academic training12. Write an essay based on the participant's experience in the TJHWC Program, his/her accomplishments in the program, goals, & expectations in the future13. Complete a graduation questionnaire showing they understand their problems with addiction, criminal behavior, & relapse prevention14. Complete exit interview15. Recommendation for graduation by TJHWC team16. Attend graduation ceremony	

Example: Chippewa Cree Tribe of the Rocky Boy Reservation (Montana)

(taken from Chippewa-Cree Tribe Youth Healing to Wellness Court Policies & Procedures Manual (1/31/2020))

Phase I Motivation	Phase II Stabilization	Phase III Maintenance	Phase IV Continued Care
Treatment begins with engaging youth in the process of clinical treatment and detoxification	The focus is on personal responsibility and contact begins to lessen	Youth practice what is being learned in treatment	The focus is on learning signs of relapse and the youth establishes other areas of growth necessary to continue recovery
Objective: Intense Supervision	Objective: High Supervision	Objective: Moderate Supervision	Objective: Low Supervision
To understand the TJHWC concept and requirements	To successfully complete intensive treatment services	To reinforce and maintain a clean, sober, and legal lifestyle To reach personal goals and sustain current achievements	To reinforce and maintain a clean, sober, and legal lifestyle
Duration: 30 continuous days of sobriety	Duration: 45 continuous days of sobriety	Duration: 60 continuous days of sobriety	Duration: 90 continuous days of sobriety

Example: Chippewa Cree Tribe of the Rocky Boy Reservation (Montana) (cont.)

Phase I Motivation	Phase II Stabilization	Phase III Maintenance	Phase IV Continued Care
Requirements: •A minimum of 30 continuous days of sobriety • Terms of Agreement (developed by HTWC Coordinator and Youth) • Alcohol/Drug Education Course , (mandatory weekly attendance) • Treatment Sessions (adhering to treatment plan) • Weekly Drug/Alcohol Test JPO will administer tests in office or during school or home visit/curfew check. • Court Appearance (mandatory, 1 time per week) Wednesday 11:00 am • Community Service Work and Cultural Activity (at least 2 hours per week) Community activity must be non-school related and must be performed for a non-household member and must not be for compensation. • School Attendance (mandatory requirement, in-school facility or GED course) • Youth Probation Officer contact (a minimum of 2 contacts per week.) This may be in conjunction with drug/alcohol testing • Curfew/modified	Requirements: •A minimum of 45 continuous days of sobriety • Treatment Sessions (adhering to treatment plan) • Alcohol/Drug Education Course (mandatory weekly attendance) • Weekly Drug/Alcohol Test JPO will administer tests in office or during school, home visit/curfew check. • Court Appearance (mandatory, 1 time per week) Wednesday 11:00 am • Community Service Work and Cultural Activity (at least 2 hours per week) Community activity must be non-school related and must be performed for a non-household member and must NOT be for compensation. • School Attendance (mandatory requirement, in-school facility or GED course) • Youth Probation Officer contact (a minimum of 2 contacts per week. This may be in conjunction with drug/alcohol tests • Curfew/ modified curfew (as outlined in the Law and Order Code book) or modified by court order.	Requirements: •A minimum of 60 continuous days of sobriety • Treatment Sessions (adhering to treatment plan) • Weekly Drug/Alcohol Test HTWC JPO will administer tests in office or during school, home visit/curfew check. • Court Appearance (Mandatory weekly appearance on Wednesday at 11:00 am) • Community Service Work and Cultural Activity (2 hours per week) Community activity must be non-school related and must be performed for a non-household member and must NOT be for compensation. • School attendance (mandatory requirement, in-school facility or GED course) • Youth Probation Officer contact (a minimum of 1 contact per week.) This may be in conjunction with drug/alcohol testing • Curfew/ modified curfew (as outlined in the Law and Order Code book) or modified by court order.	Requirements: •A minimum of 90 continuous days of sobriety • Treatment Sessions (adhering to treatment plan) • Weekly Drug/Alcohol Tests JPO will administer UA test in office or during school, home visit/curfew check. • Court Appearance (Mandatory one time per month on Wednesday at 11:00 am) • Community Service Work and Cultural Activity (a minimum of 8 hours per month) Community activity must be non-school related and must be performed for a non-household member and must NOT be for compensation. • School attendance (mandatory requirement, in-school facility or GED course) • Youth Probation Officer contact (a minimum of 1 contact per month.) This may be in conjunction with drug/alcohol testing.

Example: Chippewa Cree Tribe of the Rocky Boy Reservation (Montana) (cont.)

Phase I Motivation	Phase II Stabilization	Phase III Maintenance	Phase IV Continued Care
<p>In order to be promoted to Phase II the youth must:</p> <ul style="list-style-type: none">✓ Abstain from using drugs/alcohol for a minimum of 30 continuous days✓ Must have 2.0 GPA✓ Must have HTWC Team recommendation <p>Upon promotion to Phase II the youth:</p> <ul style="list-style-type: none">❖ Will be issued a certificate of completion❖ May be issued an additional incentive depending on performance in Phase I	<p>In order to be promoted to Phase III the youth must:</p> <ul style="list-style-type: none">✓ Abstain from using drugs/alcohol for a minimum of 45 continuous days✓ Must have completed MIP course✓ Must have 2.0 GPA✓ Must have HTWC Team recommendation <p>Upon promotion to Phase III the youth:</p> <ul style="list-style-type: none">❖ Will be issued a certificate of completion❖ May be issued an additional incentive depending on performance in Phase II	<p>In order to be promoted to Phase IV the youth must:</p> <ul style="list-style-type: none">✓ Abstain from using drugs/alcohol for a minimum of 45 continuous days✓ Must have a 2.0 GPA✓ Must have HTWC Team recommendation <p>Upon promotion to Phase IV the youth:</p> <ul style="list-style-type: none">❖ Will be issued a certificate of completion❖ May be issued an additional incentive depending on performance in Phase III	<p>In order to graduate from the Chippewa Cree Youth Wellness Court, the youth must:</p> <ul style="list-style-type: none">✓ Abstain from using drugs/alcohol for a minimum of 90 continuous days✓ Must have a 2.0 GPA✓ Must have HTWC Team recommendation <p>Upon successful completion of the Youth HTWC program:</p> <ul style="list-style-type: none">❖ Will be issued a certificate of graduation❖ Will be honored in a formal Youth HTWC graduation ceremony❖ May be issued an additional incentive depending on performance throughout the

Example: Chippewa Cree Tribe of the Rocky Boy Reservation (Montana) (cont.)

Graduation requirements

Requirements for Graduation:

1. At least a minimum of 9 continuous months in the program and a minimum of 90 continuous days of drug and alcohol abstinence in Phase IV, as measured by drug and alcohol test results.
2. Successful Petition for early release from the Youth HTWC based on unanimous vote by Youth HTWC the team.
3. Full payment of any Court-imposed fees, including restitution.
4. If restitution cannot be fully paid, arrangement satisfactory to the Youth HTWC must be accomplished.
5. Full payment of any treatment fees.
6. Full-time school attendance or job training.
7. Successful completion of General Equivalency Diploma (GED), if applicable.

Example: Fort Peck Tribes Juvenile Healing to Wellness Court (JHWC)

(taken from Fort Peck Tribes Juvenile Healing to Wellness Court Handbook (7/12/2021))

Phase I	Phase II	Phase III	Phase IV	Aftercare
Belonging (Orientation)	Independence (Early Recovery)	Mastery (Maintenance & Relapse Prevention)	Generosity	
A sense of community, loving other, & being	Making one's own decision & being responsible for failure or success, setting one's own goal, disciplining one's self	Competence in many areas; cognitive, physical, social, & spiritual Having self-control, responsibility, striving to achieve personal goals rather than superiority	Looking forward to being able to contribute to others Ability to give cherished things to others	

Example: Fort Peck Tribes Juvenile Healing to Wellness Court (JHWC) (cont.)				
Phase I Belonging (Orientation)	Phase II Independence (Early Recovery)	Phase III Mastery (Maintenance & Relapse Prevention)	Phase IV Generosity	Aftercare
<p>Screening and assessments will include a physical with a TB skin test, a bio/psych/social performed by Behavioral Health, a drug and alcohol assessment performed by a credentialed addiction counselor as well as complete a Juvenile Assessment and Intervention System (JAIS), which is a supervisory model that combines risk assessment and a strength and needs assessment.</p>	<p>Weekly court appearances with adherence to all rules and recommendations of treatment including maintaining a curfew set by the JHTWC Judge</p>	<p>Attend all JHTWC sessions as directed by the Judge</p>	<p>Attend all JHTWC sessions while following all rules and recommendations of the JHTWC and treatment teams</p>	<p>Up to 4 months after graduation</p> <p>Voluntary aftercare services available to clients will include:</p> <ol style="list-style-type: none"> Minimum attendance of two group meeting per month facilitated by Spotted Bull Recovery Resource Center Urine Analysis is not required but may be asked for non-compliance with the aftercare program. Visit with the Juvenile Healing to Wellness Court Compliance Officer (once a month) Follow-up hearings-second month into aftercare and one on the fourth month to close the case.
<p>Appropriate services in the best interest of the juvenile will be determined by these evaluations, screenings and assessments with individualized treatment plans for each identified need. Additional assessment may be required as identified by the JHWC team.</p>	<p>Attendance at all scheduled meetings, activities and appointments</p>	<p>Follow all rules and recommendations of the treatment provider</p>	<p>Community supervision (home visits, curfew monitoring, school or employer visits, and attendance/employment verification) occur once a week or less, depending on the participant’s individual needs</p>	
<p>Clients will participate in weekly court appearances, counseling, and other services required based on each individualized treatment plan.</p>	<p>Three (3) support meetings a week, Three (3) random alcohol/drug screens a week, and Three (3) random home visits a week.</p>	<p>Attend all sessions, classes and groups as directed by the treatment team</p>	<p>Curfew from. 11 p.m. – 6 a.m.</p>	
<p>Clients receive probation orientation along with assessment and must submit to at least three (3) random alcohol/drug screens per week.</p>	<p>The participant will obtain a sponsor within thirty days (30) of entering Phase Two</p>	<p>Allow three (3) home visits per month by JHTWC staff, Probation or Social Worker</p>	<p>60 days sober</p>	
<p>Three (3) random home visits per week are conducted by the Compliance Officer.</p>	<p>During this phase, the participant will maintain good school attendance or seek employment skills/opportunities</p>	<p>Have two (2) random alcohol/drug screens per week</p>	<p>45 days sanction free</p>	
<p>Clients must follow all rules and recommendations of treatment and maintain a curfew.</p> <ul style="list-style-type: none"> •1+ Cultural Activity/Spiritual Session/Event •10:00 p.m.-6:00 a.m. curfew daily •No out of county/state travel permitted; limited exceptions at the Court’s discretion. •Employment will only be permitted at Court’s discretion 	<p>During Phase 2, the participant must also submit a goals summary.</p> <ul style="list-style-type: none"> •Seek educational opportunities •Develop Family Care Plan (housing, finances/budget, transportation •10:00 p.m.-6:00 a.m. curfew daily •1+ Cultural Activity/Spiritual Session/Event 	<p>Participate in at least two (2) support meetings per week</p>	<p>Demonstrated education/employment accountability</p> <p>Consistent court appearances</p> <ul style="list-style-type: none"> •1+ Cultural/spiritual, session/event •Maintain educational studies/employment •Follow the Family Care Plan 	

Example: Fort Peck Tribes Juvenile Healing to Wellness Court (JHWC) (cont.)

(taken from Fort Peck Tribes Juvenile Healing to Wellness Court Handbook (7/12/2021))

Phase I Belonging (Orientation)	Phase II Independence (Early Recovery)	Phase III Mastery (Maintenance & Relapse Prevention)	Phase IV Generosity	Aftercare
<p>To advance to Phase II:</p> <ul style="list-style-type: none">•Client must complete all assessments and tasks ordered by the JHTWC Judge and team•Maintain sobriety, defined as not using any mood-altering chemicals including alcohol.	<p>To advance to Phase III:</p> <ul style="list-style-type: none">•Client must complete all phase 2 requirements and maintain 45 consecutive days of sobriety.•30 days Sanction Free•Begin services to improve parenting or parent/child interaction	<p>To advance to Phase IV: (not specified)</p>	<p>Graduation Requirements:</p> <ol style="list-style-type: none">1. Completion of all phases2. Completion of Interactive Journaling3. Complete at least 12 months of the JHTWC4. No positive drug/alcohol screens for 180 days5. Medical and mental health care managed6. Educational requirements met7. Support network in place8. Relapse prevention completed	

Example: Seminole Nation of Oklahoma Juvenile Healing to Wellness Court

(taken from Seminole Nation of Oklahoma Juvenile Healing to Wellness Court Participant Handbook (4/11/2025))

Phase I	Phase II	Phase III	Phase IV
YVHV-LANUCE – The Coyote- Phase I: Stabilization, Orientation, and Assessment	NOKOSE – The Bear Phase II: Family Treatment Focused on Healthy Living, Sobriety, Self- Esteem and Improved Family Communication	FVSCATE – Red Bird- Phase III: Transition focused on Peer Relationships, Decision- Making, and Education/Vocational Issues	LVMHE – Eagle - Phase IV: Reinforce a clean, healthy lifestyle
Duration: 60 days (minimum)	Duration: 90 days (minimum)	Duration: 90 days (minimum)	Duration: 90 days (minimum)
In Phase I, the participant will enter a short-term, 9-week minimum, intensive treatment phase where they will come to learn and understand how denial and addiction work, about the disease concept, recovery process, and introduction to working a self-help program. Participant's strengths and needs/barriers will continue to be assessed, and a treatment plan will be developed.	In Phase II the treatment plan will be updated by the participant and counselor to identify changing treatment goals and objectives. Counseling sessions will continue to focus primarily on recovery topics but will also include sessions on life skills that may include relationship healing and building, parenting, communication skills, etc.	In Phase III, the participant's treatment plan will be updated by participant and counselor to identify changing treatment goals and objectives. Counseling and meetings will focus on relapse prevention issues and help the participant to identify ways of coping with stressful situations.	Phase IV will address the participants' ongoing recovery needs. Phase IV requires the participant to maintain total abstinence from all drugs and alcohol. Participant's treatment plan will be updated by participant and counselor, identifying, changing treatment goals and objectives. The focus will be on daily living skills. This phase is designed to support the transition of the participant back to the community as a productive and responsible member.

Phase I The Coyote – Stabilization, Orientation, & Assessment	Phase II The Bear – Family Treatment Focused on Healthy Living, Sobriety, Self-Esteem, & Improved Family Communication	Phase III Red Bird – Transition Focused on Peer Relationships, Decision-Making, & Education/Vocational Issues	Phase IV Eagle – Reinforce a Clean, Healthy Lifestyle
Phase I requirements include:	Phase II requirements include:	Phase III requirements include:	Phase IV requirements include:
<ol style="list-style-type: none"> Orientation and overview of treatment program. Assessment and initial and individual treatment plan developed. Attend JHTWC hearings, as required/ordered by Judge. Attend school regularly and/or maintain employment daily, or any community service agreed by the JHTWC team, Probation officer and Judge. Meet as required with probation and participate in any Programs, or groups assigned by the Probation officer. Abstinence from alcohol and other drugs; all prescribed medications must be approved by JHTWC and the use of prescribed medications should be monitored by caregiver. Random drug screens (UA’s/Alcohol Tests) as required by Judge, Probation Officer, Case Manager and Program Coordinator. Attend any cultural activity or program as assigned. 	<ol style="list-style-type: none"> Regular attendance and individual counseling will be determined as needed by the treatment team, with a minimum of one session each month as required. Attend JHTWC hearings, required by Judge. Meet as required with probation and participate in any programs, or groups assigned by Probation Officer. Abstinence from alcohol and other drugs; all prescribed medications must be approved by JHTWC. Attend school regularly, and or maintain employment daily, or any community service as agreed by the JHTWC, Probation Officer, or Judge. Compliance and progress toward SA treatment goals. Random drug screens (UA’s/Alcohol Tests) as required by Judge, Probation Officer, Case Manager and Program Coordinator. Attend any cultural activity or program assigned. 	<ol style="list-style-type: none"> Regular attendance at 1 group therapy session and individual counseling sessions will be determined the treatment team, with a minimum of one session each month required. Random drug screens (UA’s/Alcohol Tests) as required by Judge, Probation Officer, Case Manager, or Program Coordinator Attend JHTWC hearings, as required by Judge. Meet as required with probation and participate in any programs, or groups assigned by probation. Abstinence from alcohol and other drugs; all prescribed medications must be approved by JHTWC. Attend school regularly, and or maintain employment daily, or any community service such as agreed by JHTWC, Judge, or Probation Officer. Attend any cultural activity, program as assigned. Participate in at least one healthy social, recreational, or physical activity. Sharing of personal stories and peer recovery process growth. 	<ol style="list-style-type: none"> Regular attendance at 1 group therapy session per week for one hour. Attend JHTWC hearings, required by Judge. Meet as required with probation and participate in any programs, or groups assigned by Probation Officer. Abstinence from alcohol and other drugs; all prescribed medications must be approved by JHTWC. Attend school regularly, and or maintain employment daily, or any community service as agreed by the JHTWC, Judge, or Probation Officer. Compliance and progress toward SA treatment goals. Random drug screens (UA’s/Alcohol Tests) as required by Judge, Probation Officer, Case Manager or Program Coordinator. Attend any cultural activity or program assigned. Prepare personal application for graduation from the Juvenile Healing to Wellness Court.
<div> <div>49</div> <div>Example: Seminole Nation of Oklahoma Juvenile Healing to Wellness Court (cont.)</div> </div>			

Example: Seminole Nation of Oklahoma Juvenile Healing to Wellness Court (cont.)			
Phase I	Phase II	Phase III	Phase IV
The Coyote – Stabilization, Orientation, & Assessment	The Bear – Family Treatment Focused on Healthy Living, Sobriety, Self-Esteem, & Improved Family Communication	Red Bird – Transition Focused on Peer Relationships, Decision-Making, & Education/Vocational Issues	Eagle – Reinforce a Clean, Healthy Lifestyle
<p>Advancement Criteria for Phase I:</p> <ol style="list-style-type: none"> 1. Compliance with JTHWC orders and phase requirements. 2. Completion of community service and/or participation in cultural activities as assigned. 3. Minimum of 4 weeks with no unexcused absences from court, or probation assignments. 4. Progress toward SA treatment goals. <p>Progress recommendations will be made by the team following regular staffing. The team will determine the appropriate timeline for advancement to the next phase.</p>	<p>Advancement Criteria for Phase II:</p> <ol style="list-style-type: none"> 1. 9 consecutive weeks without positive drug/alcohol tests. 2. No unexcused absences from scheduled services. 3. Compliance with JTHWC orders and phase requirements. 4. Completion of community service, or cultural activity assigned. 5. Progress toward SA treatment goals. <p>Progress recommendations will be made by the team following regular staffing. The team will determine the appropriate timeline for advancement to the next phase.</p>	<p>Advancement Criteria for Phase III:</p> <ol style="list-style-type: none"> 1. 18 consecutive weeks without positive drug/alcohol tests. 2. No unexcused absences from scheduled services. 3. Compliance with JHTWC orders and phase requirements. 4. Completion of community service, or cultural activity assigned. 5. Compliance and progress toward SA treatment goals and treatment plan for a minimum of 60 days. Compliance with JHTWC orders and phase requirements. 	<p>Advancement Criteria for Phase IV:</p> <ol style="list-style-type: none"> 1. Abstinence and compliance with Treatment goals, min of 90 days. 2. Evidence of active involvement in positive lifestyle. 3. Compliance with JHTWC orders and phase requirements. 4. Completed application for graduation from the JHTWC. <p>Graduation Criteria:</p> <ol style="list-style-type: none"> 1. Acceptable level of sobriety to include no recent positive drug/alcohol tests. 2. Compliance with Treatment Plan (Recommend participant have 6 months continuous sobriety). Graduation requires agreement by JHTWC team. 3. Maintained consistent attendance at all court appearances. 4. Through a written graduation application, participant has demonstrated understanding of personal problems of addiction, criminal behavior and relapse prevention. 5. Maintained a stable living arrangement and healthy interpersonal relationship as determined by the JHTWC team. 6. Fulfillment of conditions of plea agreement. 7. Participant shows responsible living, and that he/she no longer needs supervision from JHTWC.