



Session Resources

Thursday, April 1, 2021

Session D4: A Continuum of Connectedness: Strategies and Considerations for Implementing Youth Substance Use Reduction Initiatives

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Workshop Description: This session will focus on current substance abuse trends in Indian Country, efforts to address substance use among Tribal youth, and the examination of strength-based processes to support Tribal youth substance use/reduction in Tribal prevention and youth wellness programs. Speakers will share community-driven processes for initiatives that lead to youth connectedness and resiliency.

Session Resources:

- [National Institute on Drug Abuse, Community Abused Drugs](#)
Resource from the National Institute of Drug Abuse that includes information on commonly used drugs with the potential for misuse or addiction.
- [Youth Risk Behavior Survey, Centers for Disease Control](#)
The Youth Risk Behavior Surveillance System (YRBSS) monitors six categories of health-related behaviors that contribute to the leading causes of death and disability among youth and adults. The Youth Risk Behavior Survey provides the most recent surveillance data on health behaviors and experiences among high school students across the country.
- [Rural Health Information Hub, Considerations for Adolescents](#)
The Rural Health Information Hub is supported by Health Services and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).
- [National Institutes on Drug Abuse, NIDA for Teens](#)
A source of science-based information on teen drug use and its effects. Includes helpful resources for teens, teachers, parents, and others.



- [National Institute on Drug Abuse, Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide](#)
A resource focused exclusively on the unique realities of adolescent substance use- which includes abuse of illicit and prescription drugs, alcohol, and tobacco- and the special treatment needs for people age 12 to 17.
- [Tribal Healing to Wellness Courts](#)
Website provides the field the most up-to-date and relevant information to support Tribal Healing to Wellness Court planning, implementation, development, and enhancement.

